

# **EMMANUEL LUTHERAN CHURCH YPSILANTI MICHIGAN**

## **SUGGESTIONS FOR FOOD PANTRY CONTRIBUTIONS**

Emmanuel accepts contributions of canned or non-perishable food items. The following items are most welcome as they are hearty, healthy foods that will satisfy the broadest range of appetites and dietary needs:

**Peanut Butter**  
**Pork & Beans**  
**Cereal, ready-to-eat**  
**Oatmeal**  
**Dried Noodles, Macaroni or spaghetti**  
**Crackers**  
**Rice**  
**Instant Mashed Potatoes**  
**Jello or Pudding (instant, snack-pak)**  
**Macaroni & Cheese Dinners**  
**Dried beans and peas**  
**Instant Non-Fat Dry Milk**  
**Canned vegetables**

**Canned fruit**  
**Applesauce**  
**Baby Food**  
**Baby Formula**  
**Diapers**  
**Canned Soup**  
**Canned spaghetti (Chef-Boy-Ar-Dee)**  
**Canned Beef Stew**  
**Canned Tuna or Salmon**  
**Canned Meats**  
**Spaghetti Sauce**  
**Juices (canned, snack pak)**  
**Pancake mix, syrup**

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Please do not donate cans that are dented or bulging, cans with expired dates, or cans where the labels have come off. We cannot legally distribute these items.

**BLESS YOU FOR YOUR GENEROSITY!!**